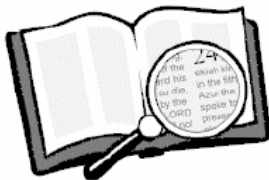


Doubting Thomas

Thomas, nicknamed the Twin, is called the doubting disciple. He was not with the other disciples when Jesus appeared after his resurrection, so he did not believe that Jesus had risen from the dead. Eight days later, Jesus appeared again to the disciples. This time Thomas was with them. Thomas was convinced that his Lord had arisen



“But these are written that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name.” John 20:31

Lesson 24

Doubting Thomas

Bible Text: John 20:24-31.

Key Verse: John 20:31

Purpose: The children will find out how Jesus appeared to Thomas. The children can have the opportunity to meet Jesus through faith.

Please note!

Plan suitable activities for your group of children. The following activities can be adapted depending on the group's size, age, ability, the amount of time available, etc.

I. Lesson

Before working on the coloring page, tell the children about the disciple Thomas.

Thomas, one of the twelve disciples, was not with the others when Jesus appeared. So, when the other disciples told him, "We have seen the Lord," he replied, "Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe it." The Lord Jesus did not condemn Thomas for doubting, nor did he get angry with him; he helped him believe. He appeared to Thomas. He let him touch his hands and put his hand in his side. Then Thomas believed and admitted that Jesus was his Lord and his God. That same time, Jesus told Thomas something that also applies to us all. "Blessed are those who have not seen and yet have believed."

II. Activities

1. Key Verse

a. Read the verse out loud.

"But these are written that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name." John 20:31

b. Explain key words from the verse:

- Everything written in the Bible is there for you to believe.
- Whoever believes that Jesus is the Christ, the God's Son, will have eternal life.

c. Help the children memorize the verse.

2. Review questions for the children:

- What did Thomas say when he heard from the other disciples that Jesus had risen?
- What did Thomas say when Jesus appeared to him?
- What did Jesus tell Thomas about faith?

- Who is Jesus?
- Who can have eternal life?

III. Conclusion

Do you believe that Lord Jesus has risen? Jesus said, “Blessed are those who have not seen and yet have believed.” Jesus has risen. If you are like Doubting Thomas, Jesus does not condemn your disbelief. He wants to show himself to you. You just have to ask him this. God gave you freedom to decide for yourself, and he will not come to you unless you want him to, because he respects your freedom to decide.